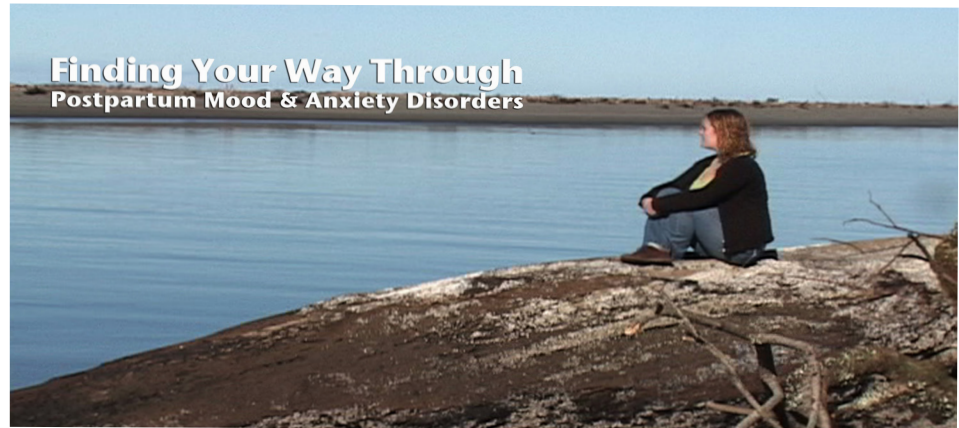


A Conference on Perinatal Mood and Anxiety Disorders



Presenter:

Pec Indman, EdD, MFT

Internationally recognized expert in the field of maternal mental health. She is the director of women's health for Regroup Therapy, an online mental health services provider. A former family practice physician assistant with a master's degree in health psychology and a doctorate in marital and family therapy. Pec co-authored the award-winning book, [Beyond the Blues: Understanding and Treating Prenatal and Postpartum Depression & Anxiety](#) and is the co-editor of PSI's DVD, Happy Mom, Healthy Family.

Thursday, October 16th, 2014

8:30-4:00 PM

Sapphire Palace, Blue Lake Casino

777 Casino Way, Blue Lake

Learning Objectives:

- Assess and screen for prenatal and postpartum mood and anxiety disorders
- List three risk factors for perinatal mood and anxiety disorders
- Name three potential consequences of untreated maternal illness
- Differentially diagnose perinatal depression, anxiety, panic, OCD and psychosis
- Discuss psychopharmacology as it relates to pregnancy and postpartum problems

TO REGISTER: Complete registration form on next page and submit with \$15.00 fee to DHHS- Public Health Finance.

QUESTIONS? Contact Nancy Keleher at (707) 441-5070

Continuing Education:

No Fees Charged. This course meets the qualifications for 6.0 hours of continuing education credit for MFT's & LCSW's as required by the California Board of Behaviour Sciences, Provider Number PCE 250 Department of Health and Humans Services. Provider approved by the California Board of Registered Nursing, Provider Number CEP15353, for 6.0 contact hours.

Americans with Disabilities Act: The County does not discriminate based on disability in services, programs, activities, or employment. Persons with disabilities needing special assistance or accomodation, Contact (707) 441-5520

This grant was made possible by the North Coast Grantmaking Partnership



A Conference On Perinatal Mood and Anxiety Disorders

Date	Time	Location	Fee	CEU's
October 16, 2014	8:30-4:00	Sapphire Palace, Blue Lake Casino 777 Casino Way, Blue Lake	\$15.00 *Breakfast snack & Lunch included	6.0

To Register:

1. Complete registration form below. Incomplete registration or registration without payment will be returned to sender.
2. If multiple people from same agency are attending, please fill out a separate form for each person.
3. Advanced registration required. No registrations at the door.
4. Cancellations must be received by Oct 9 for refund.

***Registration deadline: Oct 7, 2014**

Please make & send check to: DHHS-Public Health Finance, ATTN: PMAD Training, 507 F Street, Eureka CA, 95501

Name: _____

Agency Name: _____

Address: _____

Phone: _____

Email: -----

Food preference if: Vegetarian Non Vegetarian

For DHHS County Employees Only: Must be completed in order to confirm registration!

Manager Approval _____

Fund _____ Budget Unit _____

Expenditure/Line Item -----

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