

You are invited to the  
**Superior California Suicide Prevention Network (SCSPN)**  
Quarterly Task Force Meeting  
**Topic: Suicide Prevention and Resiliency**

**Friday September 27, 2013**

**Humboldt County Office of Education, Annex**

**901 Myrtle Ave, Eureka**

**10:00am—2:30pm**

**Agenda**

**10:00 Welcome ~ Introductions ~ Member Announcements**

**10:30 Life Experience and Personal Resilience**

- **Prevalence and Impact of Suicidal Behavior**
- **Risk Associated with Adverse Childhood Experience**
- **Factors of Personal Resilience**

**12:00 Networking Lunch Provided**

**12:45 Preventing Youth Suicide: The Role of Adults**

**2:15 Task Force Announcements ~ Follow-up & Planning**

**2:30 Adjourn**

**By the end of this meeting participants will be able to:**

- **Recognize the prevalence and effect of suicidal behavior**
- **Relate Adverse Childhood Experience (ACE) to suicidal behavior**
- **Identify factors that contribute to resilience in youth**
- **Identify the stressors and emotions connected with youth suicide**
- **Recognize how adults can serve as trusted supports for youth**

**Presenters:**

Muffy Berryhill: Co-Manager Superior California Suicide Prevention Network

Susan Wilson: Co-Manager Superior California Suicide Prevention Network

Kris Huschle: DHHS Health Education Specialist, Suicide Prevention

**Space is limited.  
To Register**

Humboldt County Department  
of Health and Human Services  
Training, Education, and  
Supervision Unit

Call 707-441-5520

Or email

DHHS\_TES@co.humboldt.ca.us

**Please Register by:**

**Monday 9/23/13**



**SUICIDEHELP  
PREVENTIONHOTLINE**



The **California Mental Health Services Authority (CalMHSAA)** is an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and early Intervention programs implemented by CalMHSAA are funded through the voter approved Mental Health services Act (Proposition 63). Proposition 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California's diverse communities.

CEU'S ARE AVAILABLE @ NO CHARGE.  
This course meets the qualifications for 3.0 hours of continuing education credit for MFT's & LCSW's as required by the California Board of Behavioral Sciences, Provider Number PCE 250, Department of Health and Human Services. Provider approved by the California Board of Registered Nursing, Provider Number CEP15353, for 3.0 contact hours.

Americans with Disabilities Act: The County does not discriminate based on disability in services, programs, activities, or employment. Persons with disabilities needing special assistance or accommodation, Contact (707) 441-5520